

Here's this week's news email for the Parish of Medstead and Four Marks.

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## Church Events and Notices

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**Sunday - 22nd February 2026**

**8am at COGS - Communion Service**

**9.30am at COGS - All Age Service with sung worship, kids church & creche**

**11am at St Andrew's - Café Church**

**4pm at St Andrew's - Family Church**

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### CHURCHES OF MEDSTEAD AND FOUR MARKS

**What's on for Families in February**

 <p><b>COGS Tinytots</b></p> <p>Baby group Monday mornings, 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> Feb 10:30-12 At The Good Shepherd</p>	 <p><b>Messy Church</b></p> <p>Monthly all age Messy Church Sunday 8th February 3.45-5.45 pm At The Good Shepherd</p>
 <p><b>COGS Tots</b></p> <p>Monthly Stay and play Toddler Group Tuesday 10th February 9-11 am At The Good Shepherd</p>	 <p><b>Medstead Family Church</b></p> <p>Monthly all age Family Church Sunday 22nd February 4-5 pm At St. Andrews Church hall</p>



Contact Jane at  
[families@pmafm.co.uk](mailto:families@pmafm.co.uk)  
07711407831



### CHURCHES OF MEDSTEAD AND FOUR MARKS

**What's on for youth and children**

 <p><b>Youth</b></p>  <p>Parents consent needed. Please scan the QR Code to complete the form.</p>	<p>Monday youth Club(weekly) 4:15 to 6:00 pm. For Young people in year 6 onwards. Toast and Drinks provided at the beginning of the session.</p> <p>At The Church of The Good Shepherd in Four Marks</p>
 <p><b>Kids Church</b></p>  <p>Please scan the QR code for more information.</p>	<p>Kids Church every Sunday morning. During the 9.30am Church Service Aimed for children aged 3-11</p> <p>At The Church of The Good Shepherd in Four Marks</p>

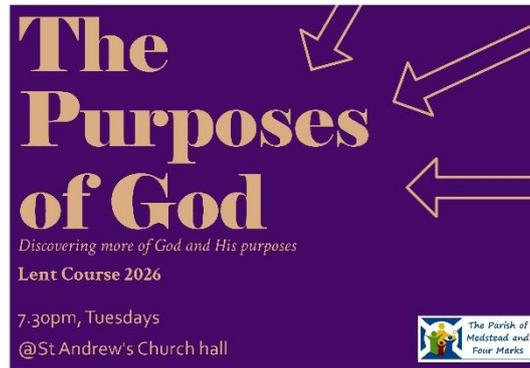


Contact Virginia at [youthandchildren@pmafm.co.uk](mailto:youthandchildren@pmafm.co.uk)  
for more information

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### Medstead Family Church 4th Sundays at St Andrew's 4pm

 <p><b>Medstead Family Church</b></p> <p>On 4th Sundays in Medstead Church Hall <a href="http://parishofmedsteadandfourmarks.co.uk">parishofmedsteadandfourmarks.co.uk</a></p>	
<p><b>Dates for 2026</b> Sundays, 4-5pm</p> <p>25<sup>th</sup> January 22<sup>nd</sup> February 22<sup>nd</sup> March 26<sup>th</sup> April</p> 	<p><b>What is Family Church?</b></p> <p>Family church is a welcoming, fun, café-style church for all ages. Each month, we explore a Bible story that engages both children and adults discovering together more about Jesus and the life and hope he offers. Everyone is invited</p>



**Lent Course 2026 - The Purposes of God**  
*Discovering more of God and His purposes*

7.30pm, Tuesdays in St Andrew's Church hall

Sessions will include presentations, group discussion and open question times

**24th February** - How to know God: The source of our understanding - the Bible as the revelation of the character and nature of God

**3rd March** - The nature of God: Seeking an understanding of God through his self-revelation in the Bible and supremely in Jesus

**10th March** - The purposes of God for the world: Plotting the story of salvation and mission through His-story.

**17th March** - The purposes of God for us: Seeing and taking our place in God's work.

No need to book, just show up.

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**Lent Lunch - Friday 20th February 12:30pm**

**Lent Lunch**

**Friday 20 February 12:30**  
St Andrews Church Hall, Medstead GU34 5LU

During lunch Dr Hugh Bethell will give a talk about Cardiac Health and the ways exercise can aid recovery whilst improving your overall fitness.

Enjoy a selection of home made soups, fresh bread and cheese.

**Donations welcome to support Cardiac Health.**

**50 YEARS**  
**Cardiac Health**  
Fitness for Life

[www.cardiachealth.org.uk](http://www.cardiachealth.org.uk)  
The Basingstoke & Alton Cardiac Rehabilitation Charity Ltd.



St Andrew's Church Medstead  
Charity Lenten Lunch

**St Andrew's Church Medstead Charity Lent Lunch**

Please join us for delicious home-made soups, bread and cheese

**St Andrew's Church Hall Medstead from 12.30**

**Friday 20<sup>th</sup> February - Cardiac Health**

**Thursday 26<sup>th</sup> February - St Michael 's Hospice**

**Saturday 7<sup>th</sup> March - MIND**

**Friday 20<sup>th</sup> March - Hampshire & IoW Air Ambulance**

Entry is free. donations welcomed and all proceeds will be shared equally between the 4 charities involved.

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**Child Sponsorship**

If you responded to the appeal on Compassion Sunday or sponsor a child through any other charity, please may we have a photo for our revised sponsorship notice board?



We can scan the photos and return them to you. Please ensure your name, the child's name, and their home country are on the reverse, and give them to Matt or Chris McGrath, thank you

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**Re-Ordering of St Andrew's**

St Andrew's LCG (Local Church Group) are moving forward with various options that will provide a much improved and up to date environment for our regular services, for the school, and for weddings, baptisms and funerals.

**For more information, please visit:**

**<https://parishofmedsteadandfourmarks.co.uk/joining-with-medstead/st-andrews/reordering-of-st-andrews-church/>**

Do speak to the LCG members (John Lofthouse, Ann Lofthouse, Ian Jurd, Sharon Blackshaw, Ian Trotter, Jeremy Griggs, and Howard Wright) if you have any comments.

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**Family Quiz**  
**Saturday 21st March, 4-6pm**  
**Supper included.**  
**Save the date - bookings open soon.**

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**Our new teaching series at COGS is Revelation Part 2: The King & The Wedding Day.**  
**Catch up on previous sermons on our website or YouTube channel.**  
**Click the image to view the series card. (Paper copies available at COGS)**

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### **Other events and notices**

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### **ACTS**

A small group, which we have named ACTS (All Coming Together Socially) are endeavouring to arrange various social events during this coming year, some will be at the church and others using various venues. The aim is to encourage getting to know each other better, creating a greater sense of family.

We want to use the events, as an opportunity for inviting friends and neighbours to join

with us and enjoy some fun together. These events will be for both Christians and 'not yet Christian', thus building bridges that Jesus can walk over. We are primarily looking at the age group, 20-70 years, though not exclusively.

**The first event being organised is a Skittles evening on Friday 27th February.**



**YOU** are invited to  
Join with us  
for an evening of  
**SKITTLES FUN and FOOD**

Place: The Phoenix Inn  
Winchester SO21 1RF  
Date: 27th February  
Time: 7.00 pm  
Cost: £20.00 per person  
**R.S.V.P**  
Neil & Lorna 07519 119471  
Doug & Chris 07564 376850 **P.T.O**

**HOT FOOD MENU CHOICES**

- Spit Roast 1/2 Chicken & Chips
- 3 Pork Sausages & Chips
- Two Haddock & Spring Onion Fish Cakes & Chips
- Homemade HOT Beef Chilli, Boiled Rice & Garlic Bread
- Phoenix Style Beef Lasagne, Mixed Salad, Homemade Coleslaw
- Vegetarian Lasagne, Mixed salad & Homemade Coleslaw

**MEAL CHOICE and PAYMENT on CONFIRMATION please**

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### Defibrillator Training

For those who missed the recent training or who want to refresh their knowledge, a new opportunity has arisen:

6.15pm, Thursday February 26th at the Four Marks Golf Club, Headmore Lane, GU34 3ES. (A defibrillator is based there.)

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### Patrick Busby Running the Brighton Marathon



On 12th April Patrick will be running in the Brighton marathon to raise money for the Alton Climate Action Network GUMBI Malawi Irrigation Project, especially important work given the recent severe droughts in Malawi.

If you would like to donate, please visit his JustGiving page:

[Patrick Busby is fundraising for Alton Climate Action Network](#)

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## C.A.P.

With the burden of debt being an ever-present concern in our community, Christians Against Poverty in partnership with Harvest Church are constantly seeking to reach out to those within the local area in most need of our debt help service.

If you or someone you know is seeking help with debt, please contact CAP on 0800 328 0006



- 1 Free help, for you**  
Start your debt-free journey at [capuk.org](http://capuk.org) or via 0800 328 0006. Because one size doesn't fit all, we will always analyse your specific situation to identify the best, most effective route to freedom for your circumstances. And our locally-based teams, ensure someone is always there for you in-person. You can also contact [moneyhelper.org.uk](http://moneyhelper.org.uk)
- 2 Making the call**  
When you call our friendly New Enquiries team, their goal is to always ensure our service fits your needs and that you feel welcomed. If we have a debt centre in your area, they will then book an appointment with one of our local Debt Coaches to get you started.
- 3 Friendly home visits**  
With CAP you are not alone: over three visits, your Debt Coach and a supportive befriender will come to you to listen, gather paperwork, and explain the best solution recommended by our experts.
- 4 Your expert plan**  
Our advisors build a realistic budget that prioritises essentials like food and housing. We then handle negotiations with creditors to freeze interest and set up affordable repayments or other debt options.
- 5 A fresh start**  
Choose your route and let us handle the heavy lifting. Your budget and plan will focus on clearing your debts and helping you build the habits needed to manage your money long-term so you can build up your financial stability.

Christians Against Poverty is here to support you throughout your journey!

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## London Marathon

Andy Short is running the London Marathon on Sunday 26th April 2026 for the charity International Needs UK. They work in some of the most desperate situations worldwide with projects including water, sanitation and hygiene, children's access to education, farming techniques and disaster response.



<https://www.givey.com/andrewslondonmarathonfundraiser>

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## Pilgrim accommodation

A pilgrimage from Winchester to Canterbury, with members from St Peter and St Paul's Church, Wantage, will be stopping in Four Marks on 10th March.

The group, which is likely to be 2 or 3 gentlemen, are wondering if anyone might be able to put them up for the evening.

If anyone thinks they can help, please let Matt know, and he can put you in contact with the group leader, the curate of the parish.

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## Bookstall

Bible Reading notes and other items are available for sale from the Church Bookstall

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**UK GUARDIANS**

**DO YOU HAVE A SPARE ROOM SITTING EMPTY?**

**We Are Looking For  
HOST Families in Your Area!**

Can you offer a welcoming home-from-home to an international student visiting the UK? If so, you could receive weekly pay as a host family.

**You simply need to provide:**

- A friendly and welcoming home
- Breakfast, packed lunch & dinner
- Information for a DBS check

You can **APPLY** through our website or contact us for more information at:

[www.ukguardians.co.uk](http://www.ukguardians.co.uk)  
[claire@ukguardians.co.uk](mailto:claire@ukguardians.co.uk)

**Mobile:** 07709294559 **Office:** 01425 529118

**YOU COULD EARN UP TO £330 PER WEEK**

Accredited by the **BRITISH BOARDING SCHOOL ASSOCIATION** and **AEGIS**



**Waynflete Singers**

**Elgar: The Dream of Gerontius**

**Winchester Cathedral**  
**Friday March 27th 2026**  
**at 7.30 pm**

**Waynflete Singers**  
**Winchester Cathedral Chamber Choir**  
**English Chamber Orchestra**

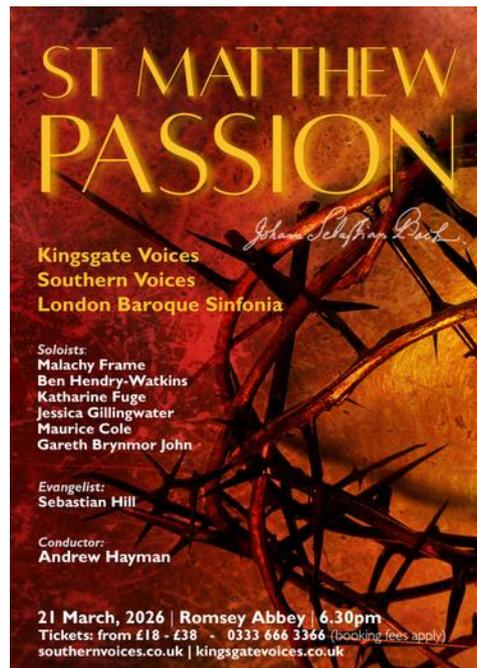
**Mezzo-soprano: Dame Sarah Connolly**  
**Tenor: Andrew Kennedy**  
**Bass: Andrew Foster-Williams**

**Conductor: Andrew Lumsden**

Tickets: £15.00 - £50.00  
[www.winchester-cathedral.org.uk/whats-on/](http://www.winchester-cathedral.org.uk/whats-on/)  
or call 01962 857275  
or via [www.waynfletesingers.org.uk/concerts](http://www.waynfletesingers.org.uk/concerts)

Registered charity no: 285107

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**ST MATTHEW  
PASSION**

*John Sebastian Bach*

**Kingsgate Voices  
Southern Voices  
London Baroque Sinfonia**

**Soloists:**  
Malachy Frame  
Ben Hendry-Watkins  
Katharine Fuge  
Jessica Gillingwater  
Maurice Cole  
Gareth Brynmor John

**Evangelist:**  
Sebastian Hill

**Conductor:**  
Andrew Hayman

**21 March, 2026 | Romsey Abbey | 6.30pm**  
Tickets: from £18 - £38 - 0333 666 3366 (booking fees apply)  
southernvoices.co.uk | kingsgatevoices.co.uk

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www.altonchoral.org.uk  
charity no. 900238

Alton Choral Society Presents

**Music for Good Friday**

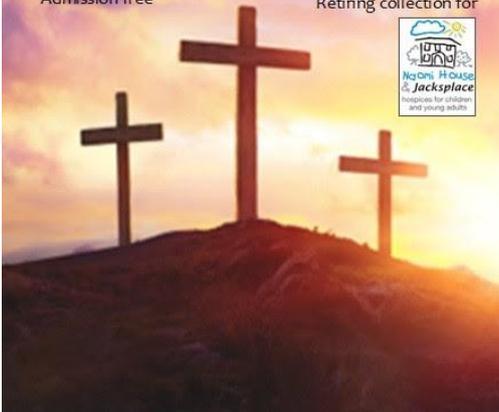
Featuring Fauré's Requiem

3rd April, 6pm

Alton Methodist Church

Admission free

Retiring collection for





The concert starts at 7.00 pm. Tickets will be available on the door or via [www.ticketsource.co.uk/alton-concert-band](http://www.ticketsource.co.uk/alton-concert-band)

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**Vicar: Howard Wright**

Tel: 07746 066046 | Email: [vicar@pmafam.co.uk](mailto:vicar@pmafam.co.uk)

**Family Worker: Jane Hughes**

Tel: 07711 407831 | Email: [families@pmafam.co.uk](mailto:families@pmafam.co.uk)

**Youth & Children's Minister: Virginia**

Tel: 07724 141267 | Email: [youthandchildren@pmafam.co.uk](mailto:youthandchildren@pmafam.co.uk)

**Church Office: Matt Senior**

Tel: 01420 560622 | Email: [office@pmafam.co.uk](mailto:office@pmafam.co.uk)