

Here's this week's news email for the Parish of Medstead and Four Marks.

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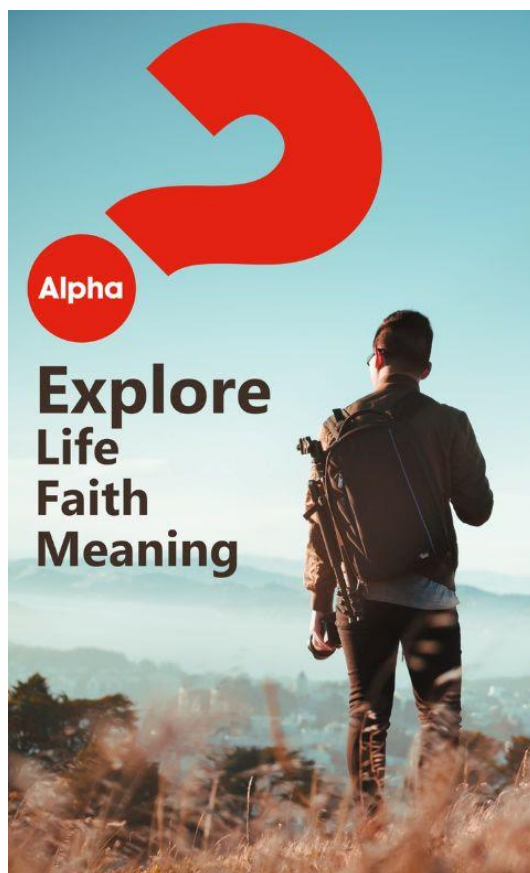
**Services this Sunday - 29th September**

**8.00am COGS - communion service**  
**9.30am at COGS - all age service with sung worship, kids church, and creche, youth (on 2nd and 4th Sundays)**  
**5pm at Medstead - Evensong**

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**There is still time to explore Alpha**

Regular sessions begin in October, speak to Jane for details or contact the church office.



## Alpha Course coming soon

Alpha is a series of interactive sessions that freely explore the basics of the Christian faith. It covers topics such as 'Who is Jesus?', 'Why and how should I pray?' and 'Does God heal today?'

Wednesday evenings  
Beginning September  
Contact - Jane, Howard or Matt  
in the church office  
01420 560622

Stay Curious #TryAlpha

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### Harvest

We will be celebrating Harvest on **6th October**.  
There will be no Kids Church that week, instead our 9.30am service that Sunday will be a service for all ages.

### Harvest Collection

Our collection for Harvest will be split between the Foodbank and Karamoja. Thank you for your generosity.

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## Harvest Tea & praise



**Harvest  
Tea & Praise**

6th October 2024  
3pm

This popular service will be held at  
the Church of the Good Shepherd  
It will have traditional harvest hymns  
followed by delicious cakes and  
refreshments

Please invite your neighbours and friends  
and bring them along

We look forward to seeing you.

We hope you will be able to join us for Harvest Tea & Praise  
on Sunday 6th October at 3pm.

Do invite those you know.

### **Help Requested**

If anyone is able to make cakes or help with serving do talk to Caroline Andrews or to  
Anne Shaw. Thank you.

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### **Resource Sharing Network - making a return**

Those of you who have been part of COGS for a while may remember the Resource  
Sharing Network (RSN) - a mailing list for church members to share what they had.

The idea was based on Acts 2:45 that says that the disciples were sharing what they  
had amongst themselves.

Brian and Carole Arrowsmith are keen to get this initiative back up and running again. If  
you would like to be a member of the mailing list for this, then please let Matt know  
– [office@pmafmc.co.uk](mailto:office@pmafmc.co.uk)

The "rules" are that we do not advertise, no money changes hands between people and  
this network is not for anyone outside of the Church family at Medstead and Four Marks  
(there are other ways for things to be recycled such as Freecycle).

If you have an item you no longer need or want, or you have a request, it will be able to  
be sent to a new email address (coming soon). The message will then be distributed to  
the mailing list. If anybody wants that item then it will be up to them to get in touch with  
the person offering it directly.

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## Monday Night Youth

Our Monday night youth sessions have begun following the summer break. Please note the change in timings. Speak to Virginia to find out more.

Parents consent needed. Please scan the QR Code to complete the form.




**MONDAY YOUTH CLUB(WEEKLY)**  
**4:15 TO 6:15 PM – YEAR 6 TO 8**  
**5:30 TO 7:30PM – YEAR 9 TO 13**  
**5:30- 6:15PM**  
**EVENING MEAL FOR BOTH GROUPS**

**FOR ANY QUESTIONS OR DETAILS PLEASE CONTACT -**  
**[YOUTHANDCHILDREN@PMAFM.CO.UK](mailto:YOUTHANDCHILDREN@PMAFM.CO.UK)**



**Youth**



St Andrew's Church



The Good Shepherd  
Responding to God's Love

## Help Wanted

Volunteers needed to help in the Kitchen to cook for the Monday Youth Club.

Food will be served between 5:30 and 6:15



If you can help please contact Virginia at [youthandchildren@pmaf.co.uk](mailto:youthandchildren@pmaf.co.uk).  
Or 07724141267



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## Autumn Teaching Series

COGS has begun their new teaching series - Being Jesus. Series cards are available in church and can be found on the website, click the image to access.



St Andrew's will be following the lectionary this term.

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## Help Wanted

At present, all children aged 3-11 are in one kid's church group. This has created some challenges in meeting the needs across such a wide age range. Moving forward, we would like to create two separate groups for kid's church, allowing each age group to explore the Bible and build their relationship with Jesus alongside their peers. To make this possible we need volunteers to lead and help in the kids church.



If you can help, please contact Virginia at [youthandchildren@pmafms.co.uk](mailto:youthandchildren@pmafms.co.uk) or 07724141267

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## AMEN Shoe Boxes

We now have a good supply of shoeboxes, thank you. Leaflets are available in the porch for anyone wishing to make a start on their shoebox. Further information about collections will be issued in due course.

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**Vicar: Howard Wright**

Tel: 07746 066046 | Email: [vicar@pmafms.co.uk](mailto:vicar@pmafms.co.uk)

**Family Worker: Jane Hughes**

Tel: 07711 407831 | Email: [families@pmafms.co.uk](mailto:families@pmafms.co.uk)

**Youth & Children's Minister: Virginia**

Tel: 07724 141267 | Email: [youthandchildren@pmafms.co.uk](mailto:youthandchildren@pmafms.co.uk)

**Church Office: Matt Senior**

Tel: 01420 560622 | Email: [office@pmafms.co.uk](mailto:office@pmafms.co.uk)