broken relationships
worries
fears
future WHO anxieties
forgiveness CARES
friendships
overloaded life
family ageing well money concerns

The Church of the Good Shepherd has a number of activities and support opportunities planned over the coming months and through 2018. We will continue to advertise these as they arise. Thank you again for taking the time to share your hurts and needs with us. Please know that we care about you. Every response card has been prayed over and we are continuing to pray that we all know the comfort of God for our pain and hurts and that God promises us hope for the future.

If you'd like to meet someone to talk and pray through issues, please do contact the COGS church office.

cogsoffice@googlemail.com | 01420 560622

"For I know the plans I have for you," declares the Lord, 'plans to prosper you and not to harm you, plans to give you hope and a future"

- Jeremiah 29:11

On Sundays at 9.30 a.m. and 11.15 a.m.

Sunday 8th October: Who Cares when others hurt me?

Sunday 15th October: Who Cares when I find it difficult to forgive?

Sunday 22nd October: Who Cares about the people I care about?

Sunday 29th October: Who Cares about my anxieties, worries and fears?

Sunday 5th November: Who Cares about my over-loaded life?

Sunday 19th November: Who Cares about my friendships?

Sunday 26th November: Who Cares about my family?

Sunday 3rd December: Who Cares about my future and aging well?

Sunday 10th December: Who Cares about my money concerns?





Who Cares? is a nationwide initiative where churches are working together to listen to the hurts and needs of people within the church and those in the community.

The Church of the Good Shepherd in Four Marks surveyed people within the church, local community groups and at the church-run Village Picnic. They asked 1 question:

What Hurts You the Most?

What hurts you the most or what do you find the hardest to handle in life?

Thank you for filling in the response cards. This will help us to plan how best to support one another as a church family and to plan the COGS teaching series and other activities in response to the needs of those in our community.

COGS collected 488 responses and have summarised the findings.

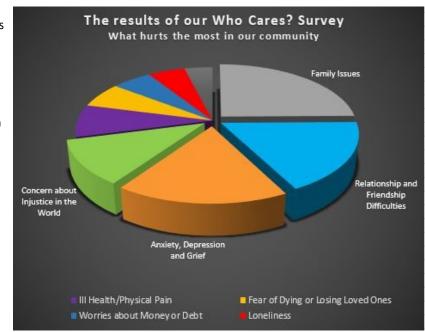
The **4** largest areas of hurt/need are:

Family Issues: 24.8%

Relationships with others: 17.6%

Emotional Issues -Anxiety, Depression and Grief: 17.2%

Injustice in the World - concern about terrorism, crime, politics, poverty: 11.27%



We then looked at the 4 age groups surveyed: Under 18's, 18-34yrs, 35-65yrs and over 65's

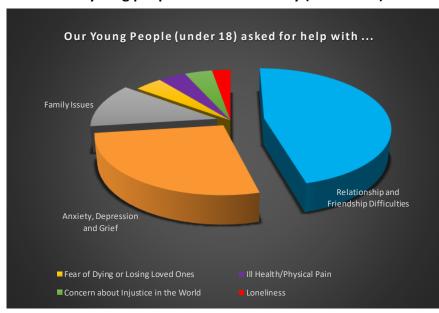
The hurts of the young people in our community (under 18's)

Relationships with others: 45.5%

Emotional Issues -Anxiety, Depression and Grief: 27%

Family Issues: 12%

Injustice in the World: 4%



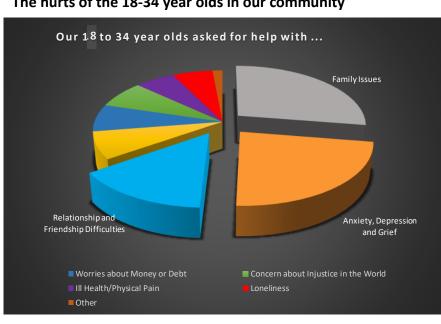
The hurts of the 18-34 year olds in our community

Family Issues: 27.5%

Emotional Issues -Anxietv Depression and Grief: 23%

Relationships with others 14.5%

Money Concerns: 7.25%



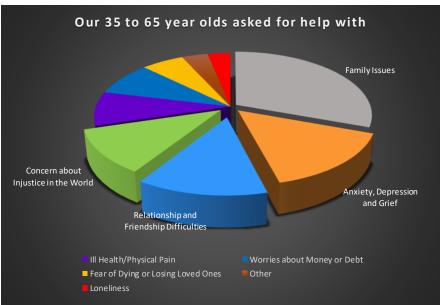
The hurts of the 35-65 year olds in our community

Family Issues: 30.6%

Emotional Issues -Anxietv. Depression and Grief: 15.3%

Relationships with others: 13%

Injustice in the World: 11.2%



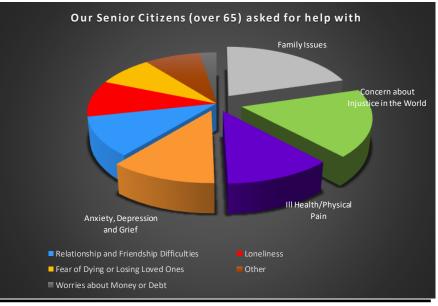
The hurts of over 65 year olds in our community

Family Issues: 20.3%

Injustice in the World: 17.8%

Emotional Issues -Anxiety, Depression and Grief: 11.3%

Health and **Physical** Difficulties: 11.3%





The Church of The Good Shepherd will be holding a Who Cares? **Prayer Day on Monday 9th October** and a series of talks on Sunday mornings focusing on the areas of hurt that people have told us they most need help with.