



The Good
Shepherd
Four Marks

www.goodshepherdfourmarks.org.uk

Our church diary is available to view
on the website

8th July 2018

THANK YOU

A huge thank you to everyone who contributed in any way to the Village Picnic this year. It was great to see so many COGS people getting together to put on such a great event for our village. Hopefully everyone who came saw God's love in action and went away with a little more knowledge of how much he loves them. So many individual people work hard in the run up to the Picnic and it wouldn't run as smoothly without them. So thank you everyone.



Thank you to everyone who donated books or bought books from the bookstall at the Village Picnic. The takings, together with a most generous donation from Maria's Ice Creams, have enabled us to donate, on behalf of COGS, £135 to both the Alton Foodbank and Karamoja.

Alton Foodbank have been in contact to thank all book donors for the money raised.

Mindfulness Information sessions are taking place this week

Information about this course is on the website, including a Q&A with course leader, David Bush. Why not register interest in a place on one of the upcoming orientation/information sessions, and see if this might be for you:
12th July 19.30-20.30 | 13th July 09.30-10.30 | 6th Sep 19.30-20.30

Information about this course is on the website, including a Q&A with course leader, David Bush.



The Week Ahead

Sunday 8th July

A Generous People

1 Corinthians 9:19-27 & John 3:11-17

8am - Said Communion

9.30am - All Age Service of the Word

11.30am - Cell Church in the church hall

7pm - Celebration service

Monday 9th July

8am - Prayer in the chapel

10am - Bumps & Babies in the church hall

10am - Pop in for Prayer at 17 Fairfield Green

7.30pm - Youth cells meet

Tuesday 10th July

7am - Early Morning Prayer in the chapel

8pm - Ministry Leaders in the upper room

Wednesday 11th July

10.30am - Westlands Communion

7pm - Regroup in the church/church hall

Thursday 12th July

9.30am - Ladies cell in church hall/upper room

12.30pm - Toddler Lunch at Caroline's House

7.30pm - Mindfulness Information Evening in church hall

Friday 13th July

8am - Prayer in the chapel

9.30am - Mindfulness Information Morning in church hall

2.30pm - Freedom in Christ at the Buckleys'

Saturday 14th July

4pm - Messy Church



Sunday 15th July

A Hope-Filled People

1 Peter 1:3-9 & Matthew 13:31-35

8am - Said Communion

9.30am - All Age Communion Service

11.30am - Cell Church in the church hall

7pm - Celebration service with communion

Caring in Prayer

New/Updated

Growing - Thank God for those in the church who teach or facilitate learning. Pray for the Freedom in Christ course, the Mindfulness course, and the Boundaries course.

Families & Young People - Pray for Lorna and Jane. Pray for prep, strength, safety, safeguarding, organising, helpers, and blessing. Pray for New Wine, Soul Survivor, COGS Club, also for Messy Church and our weekly activities.

So much to do— Pray for all our members during the holiday season, that each will be refreshed. Pray also for many helpers at our events.

Continuing

Fly Jesus - Thank God for the amazing cooperation of agencies and individuals to fulfil Tina's vision. Pray for safety and for the Spirit to work through the caption for those who see it.

Care Homes - Pray for the teams visiting Belford and Westlands.

William - Pray that William's bone infection will be cleared up by his antibiotics and for the further tests when the antibiotics are finished. Continue to pray for his healing.

Bethany – Give thanks for answered prayer. Pray for an operation soon and that her feet could heal ready for the next academic year.

We do not take offerings at our services. Our preferred method of financial giving to continue the excellent work of Church is via Standing Order. Please contact the Church Office or our Treasurer, Richard Gillard (01420 564279 or Gillardbm@outlook.com) for more details or pick up a Standing Order Mandate at the back of the church. If you wish to make cash or cheque donations, please place in the receptacle. If you wish to donate online, these are our account details: Acc No: 60003685. Sort Code: 60-01-13. Many thanks for your generosity.

Mother's Help Needed

"We have just had our 4th child, and we are on the hunt for a 'Mother's Help'. The role would be helping me with the children after school, playing with them, helping with supper and bath time, and general around the house.

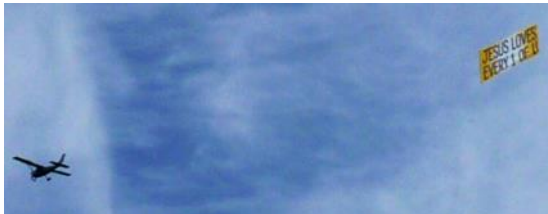
The hours we need are

Mon-Fri: 3.45-6.30pm

And ideally we'd love longer days on Mon & Tues (12pm-6.30pm) but that is not essential.

We live at Preshaw, SO32 1SU.

If interested please contact Julia, j.c.wright@hotmail.co.uk, 01962 771166"



flyjesus

We thank The Lord for wonderful flying weather!

Banner flown Royal Norfolk 28th June

Sightings picked up on Twitter in Thorpe.

(update sent to COGS on Friday a.m.), banner flies Friday 29th p.m. to

Southport, Formby, Hoylake, Point of Ayr, Prestatyn, Ryhl, Abergele, Colwyn Bay and Llandudno.

Llandudno is facilitating the main celebration for the UK Armed Forces Day on 30th June.

250,000 people are expected. It is anticipated most will arrive early.

Please keep praying for these and future flights:

TRNSMT FESTIVAL, GLASGOW 8th July

MAIN BEACHES IN CORNWALL...during week 1st -8th July

YOUR PRAYERS NEEDED PLEASE

website and Facebook flyjesus.co.uk

Alton Foodbank is CoGS Mission of the Month for July. During the month to come could we encourage you to please add just one extra item to your shopping trolley as a donation? The collection box for any donations is in the corner of the church under the Mission Board. At this time we especially need...custard, fruit juice (long life), sponge puddings! All other donations of any kind would also be really appreciated.



A great big 'Thank You!' to all at the Church of the Good Shepherd for your continued prayers for the work of Alton Foodbank and for your amazing ongoing support and generous donations. The need is still a very real one.

If you'd like to know more about Alton Foodbank then please take a look at our website: www.alton.foodbank.org.uk or have a chat with me, Thelma Thomas, or

Help Needed...

...in creche

The crèche is in desperate need of new volunteers to go on the rota. We have lost four of the regular helpers which puts a heavy burden on those left. It only requires a commitment of every four or six weeks. If you are happy to work with small children and babies and are interested in serving the church in this way, the more help we have the less strain on the smaller band of those already involved. If you would like to know more or would be interested, please contact Jane Hughes.

...with Christian Aid

If anybody would be interested in representing Christian Aid at COGS, most notably by facilitating the fundraising efforts during Christian Aid Week (we sent Christian Aid £1,098.65 following this year's CAW), please contact Matt in the office.

Parish Magazine on Website and Contributions Please for the Next Magazine

The magazine is on the website and I encourage you to view it there.

Your contribution to the next magazine is invited and should reach Robert Parker (parker305@btinternet.com) not later than the 15th of the month. Thank you.

Lost Property

It will soon be time for the lost property to be cleared and disposed of. Please have a check through the box and see if anything of yours has made it's way in there. Thank you!



COGS CLUB

Songs, games, Lego, cooking, craft, mess, prayer, bible stories, jokes, bouncy castle, circus skills and so much more!

28th - 30th August 2018

Where: Church of the Good Shepherd, GU34 5AA
 Tuesday 28th August 9.30am-2.30pm
 Wednesday 29th August 9.30am—2.30pm
 Thursday 30th August 9.30am—12pm
 ... followed by a family picnic! (bring your family and your picnic!)

Yr R—Yr 6
££ Completely free! ££

Please return the registration card to us at COGS :)

Don't forget your lunch!

Contact
 Lorna: lornarandall812@hotmail.com
 Jane: jane_cogs@btinternet.com
 Church office: cogsoffice@googlemail.com | 01420 560622
 www.goodshepherdfourmarks.org.uk

Can you help?
Role descriptions on the PA desk



Jigsaws Requested

Seaside Jigsaw Puzzles. Any size puzzles with Seaside theme please for Holiday at Home. Please speak to Carole Arrowsmith (bcaa74@gmail.com)

Prayer Clinics, offered by Sue and Alan or Colette and Roger, are always available by appointment. If anyone would find this helpful please contact Matt in the office




Men's Breakfast

8am, Saturday 21st July
Church of the Good Shepherd
Breakfast for the men of COGS
'Getting into the Word of God'

Will include information about  **FREEDOM IN CHRIST**

For more info or to confirm attendance contact:
peter.c.cox@gmail.com



GATEWAY



For many families the school holidays can be long and expensive, for families with preschool children this can be even longer as most Toddler groups close for over 8 weeks. Building on the success of mid-week meet ups last year, this year we will be am hosting **COGS family meets in the park each Thursday** throughout the school holidays. A chance for families to meet and children to play, with no cost.

We will be providing free tea, coffee and squash from the Pavilion kitchen from 1-3.30 each day and are encouraging families to join us with a picnic from 12.30. If you could spare 1 ½ or 2 hours on any one of these dates to help me reach out to our local families I would love to have your help.

Dates: **26th July and 2nd, 9th, 16th, 23rd August**

Many thanks

Jane jane_cogs@btinternet.com

Summer is nearly here and so we are excited to announce another Holiday at Home for all our lovely over 60's in the community from Monday 30th July to Wednesday 1 August.

Invites to clients will be going out soon but in the meantime we need some more helpers for any amount of time you can "donate".

This can be to do anything - chatting, greeting, transport, refreshments , what ever God has called you to do .

If you want to know more please contact Frank Maloney on 01420 560691 or Matt Senior on 01420 560622

Holiday at Home invites are in the porch.



Cell Notes – 9th July 2018 | A Generous People

Have you got £1.48 on you? How quickly could you get £1.48? If I especially asked you to bring £1.48 to church next week could you? And would you notice? What, for example, might you have to give up to give £1.48? Is £1.48 be generous?

Enough about money – that isn't really my point. Read 1 Corinthians 9:19-23. What would you say were the aspects of his life that identify him? (Some explicit and implicit 'I am' statements) note that he is willing to give them up. Speculate for a moment on what preferences and practices might come with those "I am's" .

Paul was willing to give these up – and I expect that was a sacrifice – more painful to make than giving £1.48!

Read Philippians 2:5-11

Thinking in the context of church - what would you say were your 'I am' statements, and your preferences, likes, practices? What would you say the church's likes, practices are?

Can we are follow Pauls' model – can we are to reflect Jesus' willingness to give up things? Do you, do we, have the generosity to give up something we hold dear about the practices and preferences we have in CoGs in order to become "all things to all people" so that by all possible means we might save some?

Spend a little time listing what those things might need to be (and suggesting things you don't like yourself isn't being generous – like the £1.48 its no real sacrifice if you don't feel the loss of it)

Coffee Lids

Please could you continue to save 100g coffee jar lids or similar lids as I need them for use at school and Holiday at Home. There is a basket in the porch to put them in.

Thank you. Elaine King-Smith

We've run out of people! Can you help with serving teas and coffees after the 9.30am service on the following dates (5th Sundays): 29th July, 30th September and 30th December? If you can help, please contact Thelma or Dennis Thomas on thelma.thomas@virgin.net or 01420-564321. And maybe, if you like the role, we could encourage you to join the team rota for 2019.



PRAYER and PASTORAL REQUESTS

If you have any prayer requests for the prayer chain, please email or ring the Church Office on 01420 560622 or Howard Wright on 01420 563344.

If it would be helpful for a member of the pastoral visiting team to call on you, please contact Howard, Debbie Norgate (01420 84534) or Gilly Cobb (01420 544404).



Ministers: All of Us Together

Vicar: Howard Wright
Tel: 01420 563344
Email: howardwright.cogs@gmail.com

Youth & Children's Worker: Lorna Randall
Tel: 07914 519998
Email: lornarandall812@hotmail.com

Family Worker: Jane Hughes
Tel: 07711 407831
Email: Jane_COGS@btinternet.com

Church Office: Matt Senior
Tel: 01420 560622
Email: cogsoffice@googlemail.com

Send Sunday Sheet items to the church office before end of day on Thursday



Everyone is welcome to join us for a chat and tea/coffee **between** morning services or **before** the 7pm service

For communion, gluten-free wafers are available and there is a chalice with non-alcoholic wine. Please ask when you come forward if you would like to take these.

MISSIONS OF THE MONTH - July

Alton Foodbank



Thirteen million people live below the poverty line in the UK, with individuals going hungry every day for a range of reasons, from benefit delays to receiving an unexpected bill on a low income. The Trussell Trust's 400-strong network of foodbanks provides a minimum of three days' emergency food and support to people experiencing crisis in the UK. In 2017/18, we gave 1,332,952 three day emergency food supplies to people in crisis.

www.alton.foodbank.org.uk