

The FREEDOM in CHRIST course includes:-

Part A – KEY TRUTHS



Jesus said that we will know the truth and the truth will set us free! In the first two sessions we look at some of the key truths we need to know about what it means to be a Christian.

Session 1. Who Am I?

When Adam and Eve were created, they had life in all its fullness. They were perfectly accepted, secure and significant. When Adam sinned they lost their relationship with God. The result for us is that we were born physically alive but spiritually dead and with a huge need for acceptance, security and significance. Jesus came to restore the very same life, acceptance, security and significance that Adam and Eve had originally, and those who receive His free gift of life become new creations in Christ. Knowing that we are “holy ones” who can come boldly into God’s presence without condemnation changes everything.

Session 2. Choosing To Believe The Truth.

Everyone lives by faith, even those who are not Christians. It’s who or what we put our faith in that determines whether or not it will be effective. As Christians, it’s essential that what we believe is in agreement with what God has revealed in His Word which shows us how things really are.

Part B – THE WORLD, THE FLESH & THE DEVIL

Every day we struggle against three things that conspire to push us away from truth. Knowing how the world, the flesh and the devil work will enable us to renew our minds and stand firm.

Session 3. The World’s View Of Truth.

The world tries to make us look at reality in a way that is opposed to how God says it actually is. It makes its appeal to us the “the lust of the flesh, the lust of the eyes and the pride of life”. It also paints a complete but false picture of our reality – our worldview – that varies according to where and when we were brought up.



Part B – Continued

When we become Christians we need to make a radical decision to stop looking at the world in the way we used to and start seeing it from God’s perspective by adopting the Biblical worldview which is “how God says it is”.

Session 4. Our Daily Choice.

Christians have a new heart and a new spirit, but we still struggle with many of the unhelpful ways of thinking and behaving that we grew up with (a primary characteristic of what the Bible calls “the flesh”). However, we don’t have to give in to the flesh. We can choose every day and moment by moment to live according to the prompting of the Holy Spirit.

Session 5. The Battle For Our Minds.

It is important to understand we are in a spiritual battle, and that it is a battle between truth and lies with our minds as the battleground. Every day we face a battle for our minds. However, understanding how satan works and our amazing position in Christ will equip us to win.

Part C – BREAKING THE HOLD OF THE PAST

God does not change our past but by His grace He enables us to walk free of it. In this section we look at how we can take hold of what Christ has done for us in order to do just that.

Session 6. Handling Emotions Well.

We can’t control our emotions directly but they are, in a general sense, the result of what we choose to believe. If we don’t have a proper understanding of God and His Word, and who we are in Christ, or if we have developed faulty life-goals, this will be signaled through our emotions. Failure to handle emotions well may make us vulnerable to spiritual attack. The more we commit to the truth and choose to believe what God says is true, the less our feelings will run away with us.



Session 7. Forgiving From The Heart

Our relationships with others must have the same basis as our relationship with God. Nothing keeps us in bondage to the past more, or gives the enemy more entrance to our lives, than an unwillingness to forgive. The crisis of forgiveness is not so much between you and the person who has offended you, but between you and God. Learning to forgive from the heart sets us free from the past and heals our emotional pain. It’s really for your own sake that you do it.

At this point in the course time is set aside for the ***Steps to Freedom in Christ***. This is the “ministry” component of the course presented on DVD. It can be held within the group sessions, held on a Saturday at Church or can be covered as an individual Freedom appointment.

Session 8. Renewing The Mind.

In this session we look at strategies for renewing our minds and resisting satan’s attack

Part D – GROWING AS DISCIPLES



Having taken hold of our freedom in Christ, we now need to concentrate on growing to maturity. In this final section we will learn how to stand firm, how to relate to others and how to stay on the path of becoming more like Jesus.

Session 9. Relating To Others.

Jesus’ great commandment says we are to love the Lord our God with all our hearts, souls and minds and to love our neighbours as ourselves. A right relationship with God should lead to a right relationship with our neighbours. In this session we will consider rights, responsibilities, judgment, discipline, accountability and the needs of others.

Session 10. What Next?

God’s life-goal for us is that we become more and more like Jesus in character. This session helps to bring our own goals into line with that so we live a life of true freedom.



The **FREEDOM in CHRIST** course runs over **10 sessions** and is designed to help every Christian to take hold of the truth of who we are in Christ. It addresses those issues that often hold us back in our Christian lives, and prevent us from living as the victorious people God created us to be.

This **New Interactive 2017 course** is presented on DVD by Steve Goss, Daryl Fitzgerald and Nancy Maldonado and divided into four parts A, B, C & D as shown in this leaflet.

There are **four Discipleship books** that are optional additional reading for participants on the course as well as the **Freedom in Christ App** and new **worship songs**.

After session 7 of the course there will be an opportunity to cover the **Steps to Freedom in Christ**. This is a wonderfully refreshing spiritual check-up for every Christian. It is also presented on DVD and is generally held for a group on a Saturday at Church; however it can be done as part of the course timetable. The material can also be covered as an individual Freedom appointment. Reviewing the 7 steps clears away the spiritual cobwebs and helps connect with Jesus.

More information - contact the Church office or leaders Roger & Colette Buckley
Tel: 01420 590089
E-mail: rbuckley@talktalk.net

**The Church of the Good Shepherd
Lymington Bottom
Four Marks, Hampshire, GU34 5AA**

Tel: 01420 560622



E-mail: cogsoffice@googlemail.com
www.goodshepherdfourmarks.org.uk

Freedom in Christ Ministries
PO Box 2842
Reading, Berkshire
RG2 9RT 1DT

Tel: 0118 321 8084

E-mail: info@fcm.org.uk
www.fcm.org.uk



**The NEW 2017
FREEDOM in CHRIST**

Discipleship Course

- LIVE** out your new identity in Christ
- BREAK** through to spiritual maturity
- UNDERSTAND** God's purpose for your life
- UNCOVER** strongholds and deception
- RESOLVE** issues from the past
- BECOME** a genuinely fruitful disciple